

MALE TREATMENTS

Simply Male Facial (60mins) **£40**

Especially for men, this superb treatment combines our range of products to restore energy and vitality and relax the mind. Rhyolit is used with Patchouli and oils to deep cleanse and refine skin whilst lifting ingrown hairs and smoothing irritations. This treatment leaves you feeling de-stressed and thoroughly fresh, clean and recharged.

Male Manicure (30mins) **£15**

A relaxing and hydrating treatment designed just for him to leave his hands smooth and replenished. Finalised with adapted nail care fit for a gentleman.

Male Pedicure (45mins) **£20**

Using natural aroma -therapeutic elements this is a comprehensive treatment which properly cares for feet leaving them feeling groomed and refreshed.

Male Waxing / Grooming

Mono Brow /Eyebrow Tidy	£6.00
Eyebrow Tint <i>(excellent coverage of those grey hairs)</i>	£7.00
Nasal Wax Hot Wax	£5.00
Ear Wax Inner & Outer Area Hot Wax	£6.00
Underarms	£9.00
Hands	£9.00
Just Stomach	£12.00
Back Wax	<i>from</i> £20.00
Chest Waxing	£18.00
Back Shoulder & Upper Arms	£25.00
Full Leg and Feet	£30.00
Full Arm incl: hands/fingers	£25.00

Intimate Waxing

We wax everything discreet, professional, & experienced with private treatment rooms. Please use codes went booking your intimate waxing.

Male Bikini (20mins) (code c1) **£15.00**
All hairs removed from outside the line of normal briefs.

Male Brazilian (40mins) (code c2) **£40.00**
All hairs from pubic area, scrotum, base of penis, perineum "crack", & bikini line.

Male Hollywood (1hr) (code c3) **£50.00**
As Brazilian, but all hairs are removed including bikini and buttocks.

Full Buttocks (35mins) (code c4) **£25.00**
Outside and perineum included

Partial Buttocks (25mins) (code c5) **£20.00**
Outer cheeks only

If you are having intimate waxing please note that you will need to get naked from the waist down. So you will need to leave your modesty outside the door. This is a professional salon, male grooming and nothing else. Please do not embarrass yourself by saying or doing anything inappropriate. If this should occur the treatment will stop and you will be charged for the full amount and reported to the police. We are a unisex salon and all other treatments featured in this brochure are available to male clients on request.

HAND & FOOT

TREATMENTS

Manicure (30mins) **£18**

This treatment includes a cuticle exfoliation, filing of the nails as well as a hand and arm massage and to finish a nail paint of your choice.

Pedicure (in Spa Whirlpool Chair) (60mins)

£26

Starting with a refreshing foot spa and exfoliation of the feet using essential oils and salt from the Dead Sea. Followed by a clay based mask treatment to re- hydrate and soften skin. Finishing with a leg and foot massage and nail paint.

Add Gel Finish extra **£9.00**

Mini Manicure / Mini Pedicure:

A simple nail shape and varnish of your choice.

Block Colour	£8.00
French Polish	£9.00

Nail art: Diamonds or sticks add 25 pence per nail

Express Nails (20mins) **£22**

Great for a quick touch for that night out, with gel polish. Can last up to 2 weeks

Cuccio Gel Polish 2-3 weeks polish

With the health of the natural nail mind cuccio gel polish delivers a long lasting flawless finish that's dry in seconds and protects the natural nail. It is removed off with a special soak off solution.

Gel Polish <small>(30mins)</small>	£20.00
Add Toes <small>(20mins)</small>	£15.00
Soak Off <small>(20mins)</small> <i>(we only remove our own work)</i>	£10.00

Minx Nails

Minx nails is a super shiny material that adheres to the natural nail. It gives you the freedom to do what you want without chipping your nails, with hundreds of designs to choose from, the minx, nail art is beautiful and tastefully done and most importantly, affordable. How long will it last? Finger nails up to 2 weeks toe nails up to 6 weeks.

Minx Manicure <small>(30mins)</small>	£16.00
Minx Pedicure <small>(40mins)</small>	£20.00

PAMPERING PACKAGES

Special Occasion (Formal, wedding & bridal) **£55**

Feel completely polished, perfect for any special occasion.
Makeup • Eyebrow Tidy • False Eye Lashes • Full Body Tan
Shape & Polish Fingers/Toes

Mums To Be **£50**

The perfect pampering from one mum to another, We will leave you feeling protected and cherished.

- Charcoal Pedicure
- Deep Hydrating Tummy Mask
- Bikini and Eyebrow Wax
- Eyelash Tint

Monthly Diary **£60**

Take time out for yourself and revitalise your complexion. Enjoy a ritual of utter pampering designed to provide an instant boost. This is a truly uplifting experience.

- Full Facial
- Back Massage
- Eye Trio: eyebrow wax /tint & lash tint

Gift Vouchers Available

For the person who has everything *or* just hard to buy for *or* just because!
Valid for six months redeem in good time to avoid disappointment.



CHARCOAL

120A Blacks Road, Belfast BT10 ONF

t: 02890 611403

www.charcoalesentialtherapy.co.uk

Follow us on [f](#) [t](#) [e](#)

Opening Hours

Monday:	seasonal
Tuesday:	9.30am - 5.30pm
Wednesday:	9.30am - Late
Thursday:	9.30am - Late
Friday:	9.30am - Late
Saturday:	9.30am - 4.30pm

Our opening hours are flexible to suit your requirements. Please ask your therapist. Ample parking & comfortable luxury. Enjoy your experience with a glass of wine or hot beverage of your choice!

Roberta is the educator for Adam & Eve wax NI, certified and approved training courses in waxing available for therapists, salons, spa's and beauty schools.



CHARCOAL

essential therapy



CHARCOAL essential therapy

It has always been my dream to create a space where people can come to truly relax.

Welcome to my world of CHARCOAL essential therapy.

Relax, refresh and revitalise your senses...your sense, is a place when you are both home and at home.

Both ladies and gents are welcome put your trust in our therapist who will look after your every need and occasional whim, at charcoal we have the perfect answer to looking and feeling good.

Enjoy
Roberta & team

FACIAL TREATMENTS *(PAYOT)*

Charcoal's Clear Skin *(40mins)* **£30**
This deep cleansing treatment is a perfect introduction to Payot facials and is suitable for all skin types. It includes an enzyme based exfoliation followed by a gentle brightening mask, leaving your skin feeling hydrated, toned and glowing. After a hard days work this a great way to top off your day. Why not treat yourself?

Charcoal's Solution Flash *(40mins)* **£30**
Walk out feeling radiant and glowing with this express facial that uses a combination of orange sap water, honey, chestnut and sea algae extracts. Designed to refresh and rejuvenate, this nourishing facial restores elasticity, boosting the skins natural ability to stimulate collagen. Following a 20 minute 42 step massage, your skin is pampered further with a radiance mask of super fruits including acai berries, goji berries & pineapple extract. A fabulous treat!

Charcoal's Sensitive SOS *(60mins)* **£42**
A specifically, soothing facial for truly sensitive skins which are prone to redness and irritation. Gentle, soothing, natural plant extracts and aromatherapy oils are used to nourish and hydrate your skin, helping to reduce any irritations and inflammation with the application of masque SOS to calm high colour. Our treatment will reduce sensitivity, leaving your skin calmed, nourished and comfortable.

Charcoal's Purifying *(60mins)* **£42**
This is an ultimate treatment to deep cleanse, purify, regulate and control oil production to leave you with a perfectly clear complexion and to encourage a natural restoration of your skins balance. This 20 minute 42 step massage is performed with an anti-bacterial preparation to treat skin imperfections, purity and detoxify pores so they can breathe again. Your skin is left feeling matte, velvety and soft and with a glow that will leave you feeling happy and beautiful. Blemishes, dilated pores and a shiny nose are things of the past.

Charcoal's Energising *(60mins)* **£42**
Wash away stress and fatigue with this energising skin treatment designed to bring extra vitality and life back into your skin. Using Rhyolite and luxury mineral oils followed by a peel off mask of super fruits, this treatment provides circulation to relax the skin and works to enhance surface restoration. This essential facial is suitable for all busy people on the go to restore energy and vigour – your skin will regain its vibrancy and glow with health.

Charcoal's Absolute Lift *(75mins)* **£45**
This superb treatment is a unique way to regain the resilience and the well-defined contours of the well-defined contours of younger skin. Using our range of excellent products this facial remodels and re-sculpts skin transforming it with a lasting youthful radiance. Nourishing proteins and omega 3 and 6 are used to give new volume and firmness. Micro abrasion is employed to energise, refine and smooth the skins surface minimising pigmentation. The 20 minute 42 step massage lifts and tones the skin and muscles. Sit back and enjoy a complimentary hand or foot massage while Aloe-Vera, Centalla Asiatica and sea lettuce firms and tones. Its super cooling action tightens the skin through vascular contraction, leaving your skin lifted and as good as new.

Facial Perfect Treatment *(75mins)* **£45**
Enjoy a luxury treatment that has a specific exfoliation ritual leaving your muscles relaxed a skin soft and supple, diminishing signs of aging or loss of radiance. Relax with a scalp massage while masque gold, enriched in hibiscus extract and Sodium Hyaluronate – smoothes, pumps, re-hydrates and revitalises the skins energy centre. Results are spectacular, wrinkles and fine lines are visibly reduced and facial contours are firmed and the skin is softer, more luminous and radiant.

Charcoal's Signature Facial
Aha Peel Tech Liss Experience *(75mins)* **£45**
The ultimate anti-ageing facial is ideal for those suffering from tired, lacklustre skin or visible signs of aging. Using our fine range of products we re-hydrate neglected skin to leave it looking radiant and fresh, reducing the appearance of fine lines. After the 42-step massage, a plumping mask is applied while you sit back and enjoy the relaxation of a hand or foot massage. Your skin feels relaxed, lighter and more radiant.

SPA TREATMENTS

Slim Correction Wrap *(60mins)* **£40**
Support your healthy eating and exercise regime with this purifying and slimming wrap. A warm mixture of rich super fruit antioxidant clay, Malachite gemstone balm and precious orange and grape fruit oil eliminates toxins and stimulates circulation. You will then unwind with a body massage with yerba mate extracts to eliminate unsightly shapes, leaving you feeling slender and beautiful.

Lift Correction Wrap *(60mins)* **£40**
This ideal treatment when you want to firm and tone; after pregnancy or weight loss, or just as part of your anti-ageing programme. You will be wrapped in a warm blend of maritime pine clay. Smithsonian gemstone balm and bergamot and mint precious oil to firm, stimulate and energise, then you will enjoy calcium-enriched massage to fortify the skin.

Beautiful Back *(60mins)* **£35**
Combine massage with deep cleansing and polishing to ensure a soft and smooth back. After a purifying exfoliation with a combination of crystals and copper, a relaxing massage with a blend of patchouli and vanilla essential oils is followed with a warm, deep cleansing green clay mask rich in copper to absorb any remaining impurities as you completely unwind. Your mind relieved of any stress and your back is prepared for any occasion.

Light Legs *(45mins)* **£28**
Instantly reduce puffy, swollen ankles, feet and legs with this super cooling treatment. A must-have for those on their feet all day. Using a combination of massage and products featuring hematite, horse chestnut, arnica and menthol extracts to decongest, stimulate the circulation and reduce oedema. This practical treatment relieves all the soreness and heat associate with poor circulation. A cool compress while you relax during a head massage completes the treatment.

Our Signature Treatment
Exfoliation Mineral *(45mins)* **£25**
Unwind and de-stress with this ritual for baby-soft, perfectly flawless skin. Following a prelude breathing exercise to encourage relaxation and circulation, your skin is gently yet deeply exfoliated with a delicious scent of pistachio, almond and apricot oils to calm, soothe and relieve stress. Cleansed off with hot steam towels, a fifteen minute massage with mineral-rich cream ensures your skin is re-hydrated and your mind is totally relaxed.

MASSAGE TREATMENTS

Aroma Body Massage *Full body (60mins)* **£35**
Neck, Back & Shoulders (30mins) **£25**
This essential oils used in this treatment which include lavender, basil, and verbena will leave you feeling energised or relaxed according to your individual needs.

Mother To Be Massage *(60mins)* **£40**
What could be nicer during pregnancy than some tension relief for shoulders and lower back massage, some draining massage to alleviate swelling in hands and feet while your mind is relaxed in this complete smoothing experience, will be using safe and nourishing body oils to nourish and tone areas where the skin is most stretched. Emerge feeling indulgently pampered and floating on air.

Relaxing Oil Candle Massage *(60mins)* **£40**
This treatment creates sublime relaxation through its aroma and massage movements. Warm oil from the burning candle is poured over the body then massaged for an indulging and relaxing experience.

Advanced Deep – Relaxation Massage *(60mins)* **£40**
This massage incorporates advanced techniques to reach the deeper layers of muscles and relieve tension. We can personalise the massage to concentrate on specific areas of concern. This thoroughly stimulating and recharging experience releases the body of all muscle stress.

Bamboo Massage *(60mins)* **£40**
The specialised massage technique uses silky bamboo canes throughout, to deeply stretch and massage the body. This unique massage releases muscle tension and tightness, improves the circulation and lymphatic flow to aid detoxification of the body, has a regenerating and revitalising effect and leaves the body feeling deeply relaxed.

Hot Stone Massage *Full body (90mins)* **£50**
Back area (45mins) **£30**
This will ease those knots away with a combination of deep heat from basalt stones, relaxing body oils and a flowing massage that varies in pressure to follow your bodies needs a wonderful treatment that goes beyond the physical experience of a regular massage.

HOLISTIC TREATMENTS

Hopi Ear Candling *(30mins)* **£28**
This treatment balances the pressure in the ears forehead and sinuses, soothing and helpful for support for earache, headaches, tinnitus, stress and migraines. Prefect after a long flight or stressful day let us soothe and alleviate stress all at once.

Indian Head Massage *(40mins)* **£30**
Enjoy an experience of pure relaxation through a back massage with essential oils followed by an invigorating head massage to include face and ears. Awaken the senses and free your mind and body for a truly uplifting experience.

WAX TREATMENTS

Using Adam & Eve unique range of high quality luxurious waxes. Adam & Eve waxes have been manufactured to stick to the hair and not the skin, resulting in a treatment that is painless. At Charcoal we use “hot wax” which we do not double dip, formulated to be gentle enough for sensitive areas but strong enough to remove the coarsest of hair.

Eyebrows <i>(10mins)</i>	£7.00	Full Arm <i>(20mins)</i>	£20.00
Upper Lip <i>(5mins)</i>	£5.00	Regular Bikini <i>(20mins)</i>	£12.00
Chin <i>(10mins)</i>	£6.00	½ Leg <i>(20mins)</i>	£13.00
Underarm <i>(10mins)</i>	£8.00	¾ Leg <i>(25mins)</i>	£17.00
Forearm <i>(20mins)</i>	£10.00	Full Leg <i>(35mins)</i>	£22.00

Advanced Waxing

Californian - neat and tidy <i>(25mins)</i>	£17.00
Brazilian - strip <i>(35mins)</i>	£22.00
Hollywood - all gone <i>(40mins)</i>	£25.00

Wax Package

Half a leg, Bikini Wax, Underarm, Eyebrow <i>(60mins)</i>	£30.00
---	--------

Pregnancy Waxing

We specialise in safe pregnancy waxing from sensitive angelic wax to correct positioning you can trust us throughout your nine months too pre hospital tidy ups.

Threading

A twisted cotton thread is rolled over untidy hairs at the follicle level. As the top layer of skin are not peeled or traumatized, threading is an alternative for those with sensitive skin. The effects are the same as waxing it removes the hair from root with no strong pulling from the skin. Threading is kinder to your skin and hair re-growth is slow and fine. Threading involves no products on the skin and creates beautiful arched eyebrows.

Eyebrows	£10.00
Upper Lip	£6.00
Chin	£6.00
Sides of the face	£8.00
Any 3 Areas	£15.00

TANNING TREATMENTS

He-Shi, Vita Liberate & Laurens Way

The tans are applied both by spray or application for best results avoid moisturisers & deodorants on the day prior to application. Also remove any makeup if you require your face to be included. It is advisable to exfoliate prior to this treatment, paying special attention to dry areas eg: feet, knees & elbows.

Full body	£20.00
Half body	£12.00
Legs	£8.00
Teen Tan (12 - 16 yrs old)	£10.00

1 Hour rapid tan also available for those in a hurry.
For longer lasting results and to enhance your tan we recommend gradual tans to help maintain a glorious tan and help your skin feel refreshed and ultra smooth to the touch.

MAKE UP

Royal Effem

Exclusive Italian makeup range makes looking your best simple and achievable. We offer make-up allocations, trails and lessons, Ideal for brides, parties, or creating a new image. We offer glamour, day time, evening & bridal applications. Each make-up sessions includes a cleansing.

Make-up	£25.00
Make-up with false eyelashes	£30.00
Make-up lesson	£22.00
Bridal trial and make-up on the day	£35.00

Home visits are available on request.

Purchase any two products and receive you makeup application free.

EYE TREATMENTS

Eyelash Tint *£8.00*
Tinting defines even the finest of eyelashes .The effects last for up to four weeks. (A patch test is required for first time clients at least 24 hrs prior to treatment. Available in: (Black, blue- black, dark brown & brown).

Eyebrow Tint *£7.00*
This treatment accentuates the eyebrows and defines the eyes.

Eyebrow Shape *£7.00*
This will help tidy the eyebrows and lift the eyes.

Eye Combo wax & tint *£13.00*
Eye Trio *(all 3 of the above)* *£15.00*

HD Brows *(30mins)* *£25.00*
Maintenance 2-3 weeks only *£15.00*
Good brows should fame the face and accentuate the eye by: tinting, waxing, threading, shaping, trimming, finishing with brow definer to make your brows look more lustrous.

Lvl Lashes

Lash, volume, lift on your natural lashes lasting up to 6 weeks.

Full set of individuals	£45.00
Combine HD Brows & Lvl Lashes	£60.00

False Lashes

We can you give you a full lash effect or just a couple on the outer edge to open up your eyes.

False lashes at strip lashes	£10.00
Individual Full Set	£13.00
Half Set	£7.00

Epibrow : semi permanent makeup

This method is ideal for anyone looking to enhance and define the look for their brows. Epibrows creates such a natural looking hair stokes, regardless of the amount of hair present. People suffering from alopecia, trigonometric or any other condition that causes hair loss i.e. overplucking benefit greatly from this technique. It is also ideal for people who are not happy with their eyebrow shape.

First visit	£125.00
Re-touch 1 month later	£ 5 0 . 0 0
Colour boost within the first year	£25.00

A Re-touch once a year is recommended to retain shape & pigment colour. Strict patch test 48hrs before treatment.